

English / Spanish Common Phrases for the School Nurse

SPANISH PHRASES FOR NURSES TO INTRODUCE YOURSELF:

Hello, my name is _____ and I'll be your nurse

Hola, me llamo _____ y soy su enfermera (o).

What is your name?

Como se llama?

How old are you?

Cuántos años tiene usted?

How are you today?

Como esta hoy?

I don't speak Spanish very well.

No hablo español muy bien.

Do you speak English?

Habla inglés?

SPANISH PHRASES FOR EXAMINATION AND ADMISSION:

Sit down please.

Sientese por favor.

Please stand up.

Parese por favor.

Sit up, please.

Siéntese, por favor.

Lean forward.

Inclínese hacia adelante.

Inhale.

Aspire.

Exhale.

Exhále.

Breathe deeply.

Respire profundamente.

Are you in pain?

Tiene dolor?

I am going to take your temperature.

Le voy a tomar su temperatura.

Don't throw away urine/ stool.

No tire la orina / popo.

Do you feel lightheaded/ dizzy?

Se siente mareado?

Are you pregnant?

Está embarazada?

Have you been in the hospital before?

Ha estado en el hospital antes?

What diseases or medical conditions do you have that you know about? (a) None (b) Diabetes (c) Heart (d) Lungs (e) Kidneys (f) Ulcer (g) High blood pressure (h) Seizures (i) Arthritis

Qué enfermedades o síntomas tiene, de que sepa usted? (a) Ninguna (b) Diabetes (c) Del corazón (d) De los pulmones (e) De los riñones (f)úlceras (g) Presión alta (h) Convulsiones (i) Artritis

What medicines are you allergic to? (a) None (b) Penicillin (c) Tetanus (d) Sulfas (e) Aspirin

A qué medicinas tiene usted alergia? (a) A ninguna (b) A la penicilina (c) A la vacuna contra el tétano (d) A las sulfas (e) la aspirina

What medicines do you take?

Qué medicinas toma?

Where does it hurt? Here?

Dónde le duele? Aquí?

Is it constant pain or does it come and go?

Es un dolor constante o viene y se va?

How long have you had it?

Désde cuándo lo tiene?

Has the pain increased or decreased?

Ha aumentado o disminuído el dolor?

Cough!

Tosa!

OTHER SPANISH PHRASES THAT SHOULD BE USEFUL FOR NURSES:

Speak slowly, please.

Hable despacio por favor.

Repeat, please

Repita, por favor.

I don't understand.

No entiendo.

I'll be back in a moment.

Regreso en un momento.

Permit me.

Permítame.

Relax.

Ud. relájase.

Use the call light if you need help.

Use el botón para ayuda.

Ask for help before you get up.

Llame antes de levantarse.

Do you want to use the restroom?

Quiere ir al baño?

Do you want to take a shower?

Quiere bañarse?

I am going to give you an injection.

Le voy a poner una inyección.

I am going to place an intravenous needle in your arm.

Le voy a poner una aguja intravenosa en el brazo.

Do you have questions?

Tienes preguntas?

Taken from Nurse Buff <https://www.nursebuff.com/spanish-for-nurses/>